

Lesson 1: Prayer

Please click twice to watch the video

<https://www.youtube.com/watch?v=7Fqg-kkHeek&t=12s>

Prayer is talking to God. It's telling Him what's going on, asking for help, thanking and praising him and seeking forgiveness. Prayer is also about listening to God. Sometimes we talk too much about what we want and fail to listen to what God is telling us.

Why do we pray? God already knows what is going to happen; he has already gone before us. But he wants us to talk to him because he wants a **RELATIONSHIP** with us. Think about your best friend. If you never talked with them, hung out with them or even looked at them, are they really your best friend? No. God wants to be our best friend. He wants us to talk with him and tell him our worries, our fears, and even funny things that happen to us. We can talk to God about everything!

Here's what we know about prayer:

God wants us to know Him: He created us for a relationship with him. He wants to be our best friend!

God really does answer prayer. God in his sovereignty chooses to use our prayers to accomplish his purposes, his will. So, God has ordained that certain things would happen in response to our prayer. Basically what we're asking in prayer matters! This is so cool and should cause us to pray without ceasing or stopping!

God loves us through prayer: We get to know God through prayer and He loves us through it. We feel closer to Him and that means we feel His love even greater.

We love God through prayer: When we worship God through prayer, we tell Him we love him. We thank Him for everything He has done.



INDEX FINGER

FOR THE ONES THAT TEACH US

For those who instruct you and heal you. They need the support and wisdom to show direction to others.



MIDDLE FINGER

FOR OUR GOVERNORS

As it is the tallest finger, it reminds us of our leaders, the governors and those who have authority.



RING FINGER

FOR THE SICK AND WEAKEST

It is our weakest finger. It reminds us to pray for the weakest, the sick or those plagued by problems.



THE THUMB

FOR THE ONES WE LOVE

Start praying for those who are closest to you. They are the easiest to remember.



THE PINKY

PRAY FOR YOURSELF

The smallest finger should remind you to pray for your own needs when you are done praying for the other four groups.



THE 5 FINGER PRAYER

BY POPE FRANCIS

SOURCE: