

Lesson 5: Activities

Activity 1: True (T) or False (F).

- ___ 1. A creed is a summary of a book.
- ___ 2. There are two forms of the creed in the Catholic Church.
- ___ 3. The Twelve Apostles wrote the Nicene Creed.
- ___ 4. A heresy is an error in the understanding of the faith.
- ___ 5. The Nicene Creed was developed because the Apostles' Creed was too short.
- ___ 6. The Apostles' Creed was developed and approved through the Council of Nicaea and the Council of Constantinople.
- ___ 7. There are only three major differences between the two creeds.
- ___ 8. Lex credenda refers to what the people believed.
- ___ 9. There are three marks of the Church.
- ___ 10. Lex orandi refers to how the people worshiped.

Activity 2: Using the clues below each line, fill in the blanks to complete the Apostles' Creed.

I believe in God, the _____ almighty, creator of _____
(1st Person of the Trinity) (our true home)
and earth. I believe in Jesus Christ, his only _____, our Lord. He was conceived
(male child)
by the power of the _____ and born of the Virgin _____.
(3rd Person of the Trinity) (Jesus' mother)
He suffered under Pontius Pilate, was _____, died, and was buried. He
(executed on a cross)
descended into hell. On the _____ day he rose again. He ascended into
(between 2nd and 4th)
heaven and is seated at the _____ hand of the Father. He will come again to
(opposite of left)
judge the living and the _____. I _____ in the Holy Spirit, the holy
(not living) (put faith in)
catholic _____, the communion of _____, the forgiveness of
(people of God) (holy people)
_____, the resurrection of the body, and _____ everlasting. Amen.
(moral wrongs) (opposite of death)

Activity 3: For each sentence, write the letter for the “Mark of the Church” that best fits.

O = One H = Holy C = Catholic A = Apostolic

- ___ 1. The source of the Church is God Himself, the mysterious unity of Three Persons in one God: Father, Son, and Holy Spirit.
- ___ 2. Through the pope, bishops, and priests, the Church continues the mission Jesus gave his chosen followers: “As the Father has sent me, even so I send you.”
- ___ 3. Catholics all over the world profess the same faith.
- ___ 4. The members of the Church, the People of God, are called saints.
- ___ 5. Jesus invites all people to become fully his within the Catholic Church.
- ___ 6. The Church “canonizes” certain of its members; that is, we recognize as models those Christians who practiced heroic virtue and faithfulness to God and who now dwell with Him in heaven.
- ___ 7. Where there are divisions among Christians, the Holy Spirit inspires us to pray and work for unity.
- ___ 8. The Church is “universal” because she received from Christ all that is needed for salvation.
- ___ 9. All members of the Church share in the work of the first Apostles to spread the Good News of Jesus Christ.
- ___ 10. The Church is sanctified by Christ.
- ___ 11. Each particular Catholic church, that is, each diocese, is in communion with the Church of Rome.
- ___ 12. The Holy Spirit dwells in the Church to ensure the continuous teaching Jesus gave to the Twelve Apostles.

Activity 4: Reflection Questions.

- 1. Which creed do you like better and why?

- 2. If someone asked you what you believe, which creed would you use to answer the question? Why?

Activity 5: Determine which creed each phrase appears in.

A = Apostles' Creed

B = Nicene Creed

C = Both Creeds

- ___ 1. the Father almighty
- ___ 2. maker of heaven and earth
- ___ 3. I believe in God
- ___ 4. God from God
- ___ 5. begotten, not made
- ___ 6. by the Holy Spirit
- ___ 7. his only Son, our Lord
- ___ 8. under Pontius Pilate
- ___ 9. suffered death
- ___ 10. and was buried
- ___ 11. he descended into hell
- ___ 12. the third day
- ___ 13. rose again
- ___ 14. he ascended into heaven
- ___ 15. is seated at the right hand
- ___ 16. he will come to judge
- ___ 17. the living and the dead
- ___ 18. his kingdom will have no end
- ___ 19. I believe in the Holy Spirit
- ___ 20. who proceeds from the Father and the Son
- ___ 21. is adored and glorified

___ 22. one, holy, catholic, and apostolic Church

___ 23. the communion of saints

___ 24. one baptism

___ 25. the forgiveness of sins

___ 26. resurrection of the body

___ 27. life of the world to come

___ 28. Amen